



October 2, 2025

Dear Patients,

It is with a heavy heart that I announce that I will be leaving Midwest Center for Women's HealthCare as of January 1, 2026.

Three years ago, I took a part-time position as an OB Laborist in Indiana. After Covid, I was looking for a new challenge and I have found great satisfaction in this new position. In addition, last year, I assumed the roles of Division Director, Medical Director, and Director for Surgical Education for the Family Medicine OB Fellowship at Memorial Hospital in South Bend, Indiana. Assuming these roles has required further time away from my practice here in Illinois.

At the same time, as I have also shared with many of you, my family has been facing the challenges of caring for an aging parent; something many of you are juggling as well. A lot of this care has fallen on my sister, and it is at the point where I need to take a more active role in helping out.

While I had hoped to transition out of my MCWHC practice over the next two years, I've reached the point where I need to cut back and have made the difficult decision to leave earlier than anticipated. I will only be able to see patients through the end of December 2025.

Leaving my patients and a practice that I've built over almost 30 years is not easy. I am grateful for this rewarding career. I've had supportive partners, colleagues and, most importantly, great patients. I thank you all for your confidence in me and in my care over the years. I thank you for allowing me into your lives and for allowing me to be a part of some of the most significant moments in your lives. I am honored.

I leave you in good hands. Every physician in our MCWHC pod has either trained me, trained with me or trained under my leadership. They are capable physicians and kind people. I am grateful for them as partners and colleagues and have full confidence in recommending them as care partners for you moving forward. Learn more about them [here](#).

Thank you again for the honor of being your physician. Wishing you all the best, always!

Sincerely,  
Dr. Matthew Nash

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