



Have Your Insurance Benefits Changed in 2026?

Be sure to take the time to review your 2026 insurance benefits today. It's our patients' responsibility to know their insurance benefits.

Please be aware that several insurance carriers have changed their "in-network" and "out-of-network" policies in 2026. We love our patients and want them to be armed with this knowledge. When speaking with your insurance company, be sure to confirm coverage for appointments with your MCWHC doctor or practitioner. Just give them our group name & Tax ID#, not your individual provider's name: Midwest Center for Women's HealthCare, Tax ID# 04-3634290.

3 Steps to Confirm Your Health Insurance Benefits

(1) Organize Information Needed to Confirm Benefits

Be prepared to give the following information:

- Your name & date of birth
- Name of the primary insurance plan holder and their relationship to you
- Insurance policy number
- Group ID number
- Names of your preferred doctors, i.e., for MCWHC providers, just give them our group name & Tax ID#, not your individual provider's name: Midwest Center for Women's HealthCare, Tax ID# 04-3634290.

(2) Contact Your Insurance Provider

- Call Insurance Company - The best way to confirm your benefits is to call the number on your health insurance card.
- Visit Insurance Policy Website - Search list of in-network and out-of-network providers. Again, check Midwest Center for Women's HealthCare instead of your individual provider's name. While it may be quicker to look online, in our experience the information is often outdated. Therefore, calling directly is recommended.

(3) Keep a Record of Your Insurance Details

It's always recommended to keep a record of your call with your insurance company. Write down everything or type notes in your phone including:

- Name of the insurance representative
- Phone call reference # if available
- Date and time of the call
- Details of your benefits